Information NOW
Information for people in Newcastle upon Tyne

Living abroad and your benefits

If you are considering moving abroad, it will be important to know about how this may affect any benefits you are receiving, and about the benefits you are entitled to receive while you are living abroad.

Am I eligible for benefits if I live abroad?

This depends upon your circumstances.

To find out which benefits are affected, who can get them and what to do next, visit www.gov.uk.

What benefits may I receive if I live abroad?

Age UK has further information about claiming benefits when moving abroad.

What benefits may I receive if I am moving back to the UK?

Gov UK has further information on moving back to the UK. For more information please visit www.gov.uk

Where to get benefits advice

You can get benefits advice from a local independent service. They can help guide you through the application process and explain how some benefits may impact upon another. Services in Newcastle include:

- **Citizens Advice Newcastle (CAN)**.
- **Newcastle Welfare Rights Service** have **self help material** on their website
- **Search Newcastle** give benefits advice to older people in the West of Newcastle
- **Disability North** give disability related benefit advice, help with appeals and representation at tribunals

Search for Benefits advice organisations

Location:
Postcode:

Search

Other Useful Information

- **Money Advice Service** provides online information on the full range of benefits that you may be entitled to. This also includes where to find more help and advice.
- **Payment Exception Service** was introduced as cheques are no longer used to pay state benefits and Pension credit. Information Now has more details on the service available to those unable to use bank accounts.
- **Independent Age** have a factsheet which explains how moving abroad could affect your pension and entitlement to benefits and health care, and what action you can take.

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Useful Organisations

Citizens Advice Newcastle (CAN)

Email: citycab@newcastlecab.org.uk

Website: http://citizensadvice-newcastle.org.uk

Telephone: 0808 223 1133

Address: 4th Floor, City Library, NE1 8AX

Newcastle Welfare Rights Service

Email: welfare.rights@newcastle.gov.uk

Website: www.newcastle.gov.uk/welfarerights

Telephone: 0191 277 2627

Address: **POSTAL ADDRESS ONLY - No face-to-face advice is given here, NE7 7LX

Independent Age

Email: advice@independentage.org

Website: https://www.independentage.org/

Telephone: 0191 731 4000

Money Helper

Email: pensions.enquiries@moneyhelper.org.uk

Website: https://www.moneyhelper.org.uk/en

Telephone: 0191 731 4000

Address: Holborn Centre, EC1N 2TD

Age UK England

Email: contact@ageuk.org.uk

Website: www.ageuk.org.uk

Telephone: 0800 678 1602

Address: Age UK, EC3N 2LB

Related Articles

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