

## First Step North East

First Step North East helps migrant women living in Newcastle's West End to take part in opportunities to learn and increase their confidence. They have a community building where they provide:

- training
- art and craft activities
- crèche facilities. 2 hour session costs £1 to pay for biscuits and drinks
- English language classes and computer skills
- healthy living activities
- mentoring
- volunteering and active citizenship
- organic vegetable growing

Giving women the chance to learn, increase their confidence and achieve their goals. Services are free but there may be a small cost for things like materials for crafts. T

Last updated: May 17, 2024

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**Telephone:** 0191 226 1213

**Email:** sandramorland@hotmail.co.uk

**Opening Hours:** Monday, Tuesday and Wednesday 9.30am to 3.00pm

**Cost:** Free

**Address:**

435 Westgate Road  
Newcastle upon Tyne  
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## Related Articles

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[Adult learning, skills and training](#)