Information NOW
Information for people in Newcastle upon Tyne

First Step North East

First Step North East helps migrant women living in Newcastle's West End to take part in opportunities to learn and increase their confidence. They have a community building where they provide:

- training
- art and craft activities
- crèche facilities. 2 hour session costs £1 to pay for biscuits and drinks
- English language classes and computer skills
- healthy living activities
- mentoring
- volunteering and active citizenship
- organic vegetable growing

Giving women the chance to learn, increase their confidence and achieve their goals. Services are free but there may be a small cost for things ike materials for crafts. T

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Telephone: 0191 226 1213

Email: sandramorland@hotmail.co.uk

Opening Hours: Monday, Tuesday and Wednesday 9.30am to 3.00pm

Cost: Free

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