

LD North East

A local charity supporting people across North Tyneside who have lived experience of learning disabilities, learning difficulties and autism.

They believe that everyone deserves to have fun, spend time with friends and feel good about themselves and our mission is to support people to do just that, from birth right through to older life. They want to achieve equality and social inclusion, so people can live their life their way.

LD North East (LDNE), who is the provider of a diabetes structured education course for people with learning disabilities and autism in North Tyneside, have developed easy read health cards for people with learning disabilities to help them in health settings. They are free for anyone to use and can be downloaded from their website. The range includes: blood pressure, pain and symptoms, health services, urine and stools, diabetes and blood tests, women's health, men's health.

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