Information NOW
Information for people in Newcastle upon Tyne

Between Us

Between Us is an app to help you have a better relationship with your partner now or in the future. The app helps individuals and couples to understand better what's going wrong in your relationship and do something about it. Download the app from your app store for

- a range of exercises and tips
- videos
- information

Last updated: September 14, 2022

Website: https://www.betweenus-app.com/

Email: helpdesk@tavistockrelationships.org