

Quadrant Leisure

Quadrant Leisure run weekly activities for young people with special educational needs at local Hubs in West Moor and Walkergate. People aged 14+ with mild to moderate special needs, learning disabilities and Autism can take part in their sessions in Newcastle:

In North Tyneside they run:

- special educational needs (SEN) kitchen workshops
- community garden
- supported gym sessions for people with additional needs and disabilities.
- fully accessible ground level gym facility with disabled access, parking and toilet facilities. There is equipment suitable for wheelchair users and seated adaptations.

Last updated: May 17, 2023

Telephone: 0191 250 0166

Telephone note: Monday to Friday 9am to 5pm

Website: <https://quadrantleisure.org/>

Mobile: 0794 301 4585

Email: admin@quadrantleisure.org

Twitter: <https://twitter.com/QuadrantLesiure>

Facebook: <https://www.facebook.com/quadrant.leisure>

Youtube: <https://youtu.be/ZMwT-aJm8hk>

Opening Hours: Gym Facility: Monday to Friday 8.30am to 8.30pm, Saturday 9am to 1.30pm

Address:

John Willie Sams Centre
Market Street
Dudley
Newcastle upon Tyne
NE23 7HS

Related Articles

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[Autism and local support services](#)