Our Future Health

Our Future Health is a collaboration between the public (NHS), charity (such as Cancer Research UK, Alzheimers Society and Asthma and Lung UK) and private sectors to build the UK's largest health research programme – bringing people together to develop new ways to prevent, detect and treat disease.

It is designed to help people live healthier lives for longer through the discovery and testing of more effective approaches to prevention, earlier detection, and treatment of diseases. Every adult living in the UK is eligible to join Our Future Health, including people with pre-existing health conditions.

People can voluntarily sign up to take part online. To join you will need to read information about Our Future Health, sign a consent form, complete a questionnaire, agree to link your medical and research records, and book an appointment to provide a sample of blood and some other physical tests.

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Telephone: 0808 501 5634

Telephone note: Monday to Friday 8am to 8pm, and Sundays 10am to 5pm

Website: https://ourfuturehealth.org.uk/

Email: info@ourfuturehealth.org.uk

Twitter: https://twitter.com/ukfuturehealth

Facebook: https://www.facebook.com/ourfuturehealthuk/

Youtube: https://www.youtube.com/channel/UCJUEct7MOPjAGN5jP55CFjQ

Address:
2 New Bailey
6 Stanley Street
Manchester
M3 5GS.