

Ojika Dojo

Ojika Dojo is a group where you can learn traditional and modern Japanese Sword Arts in Newcastle upon Tyne. You can join the group to train in a range of Arts such as:

- [Kendo](#) is fast, noisy and active
- [Iaido](#) and [Jodo](#) are more technical and less cardio-intensive, but train the mind and spirit

All sessions are lead by qualified, DBS checked coaches. There is a cost to attend the training sessions and to become a member of the British Kendo Association. Contact them for more information.

Last updated: July 21, 2023

Telephone: 0191 276 6712

Website: www.ojika.org.uk

Email: enquiries@ojika.org.uk

Facebook: <https://www.facebook.com/Ojikadojo/>

Opening Hours: Monday 7.30pm to 9.30pm

Cost: There may be a cost to this service/support

Address:
Heaton Community Centre
Trewitt Road
Heaton
NE6 5DY

Related Articles

[Fitness Activities](#)