

Heartbroken to Healed CIC

Heartbroken to Healed community interest company offer support to people affected by loss, grief and bereavement.

They offer one to one or group sessions shared with others who have a similar experience. You can join an 8 week programme online or in person.

They run a free monthly Grief Cafe "Love & Loss" where people experiencing bereavement and feelings of grief can join a safe friendly environment, led by a grief recovery specialist. Please contact for more details about the cafe.

Last updated: July 25, 2023

Telephone: 07778798014

Website: <https://www.heartbrokentohealed.co.uk/>

Email: julie@heartbrokentohealed.co.uk

Facebook: <https://m.facebook.com/julieshepherdTGRM>

Opening Hours: 9am -7pm Monday - Thursday

Cost: There may be a cost to this service/support

Address:
The Mews
Whickham
Gateshead
NE16 4HQ

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