

GymPossible

A disability friendly gym space, purpose built for wheelchair users with physical disabilities, aged 16 years or older in the North of Tyne area.

Gym Possible also have a series of online accessible workout programs and videos to help you exercise at home.

Last updated: September 3, 2023

Website: <https://www.gympossible.org/>

Email: contact@gympossible.org

Facebook: <https://www.facebook.com/gympossibleuk>

Youtube: <https://www.youtube.com/channel/UCPxQHOLmjxuT-EAK-FdnaYQ>

Opening Hours: Monday to Friday 11am to 8pm

Weekends 11am to 4:30pm

Cost: There may be a cost to this service/support

Address:

Tumble Gymnastics
North Tyne Industrial Estate
Unit 41 Bellingham Drive
North Tyneside
NE12 9SZ

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