

inspired minds

Inspired Minds is an Islamic mental health charity that provides support and counselling services for muslim people by trained counsellors and therapists.

They can provide phone, video call and online support.

Last updated: October 22, 2025

Website: <https://inspiredminds.org.uk/>

Website 2: <https://inspiredminds.org.uk/get-help/>

Twitter: <https://www.twitter.com/InspiredMinds/>

Facebook: <https://www.facebook.com/InspiredMinds/>

Youtube: <https://www.youtube.com/InspiredMinds/>

Address:

175 boundary road
London
E17 8NG

Related Articles

[Mental Health](#)