

Age UK England

Age UK is a charity which supports older people. They provide a range of information and advice online about growing older. including wills, energy advice, what to do when someone dies, benefits advice and more. You can contact them for:

- telephone befriending
- advice line
- [The Silver Line](#) free national helpline providing friendship for older people 24 hours a day
- [local Age UK groups and support](#)
- products for older people such as insurance, telecare

Last updated: October 17, 2025

Telephone: 0800 678 1602

Telephone note: Advice Line open 8am to 7pm, 365 days a year

Website: www.ageuk.org.uk

Email: contact@ageuk.org.uk

Twitter: https://twitter.com/age_uk

Facebook: <https://www.facebook.com/ageuk>

Youtube: <http://www.youtube.com/user/ageuktv>

Cost: Free

Address:

Age UK
7th Floor, One America Square
17 Crosswall
London
EC3N 2LB

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