

Family Lives

Family Lives is a charity that supports parents, grandparents, young people and families in England with all aspects of family life. Includes a confidential helpline, live chat, courses and information.

Last updated: March 30, 2021

Telephone: 0191 284 4060

Website: www.familylives.org.uk

Helpline: 0808 800 2222

Tyne & Wear office

Email: askus@familylives.org.uk

Twitter: <http://www.twitter.com/familylives>

Facebook: <https://www.facebook.com/familylives>

Youtube: <http://www.youtube.com/user/FamilyLives>

Cost: Free

Address:

Space Works
Benton park road
Newcastle upon Tyne
NE7 7LX

Related Articles

[Grandparent issues](#)

[Support for veterans, their families and carers](#)

[Mental Health](#)