

AbilityNet

AbilityNet support older people and disabled people to use digital technology to meet their needs. find and use digital technology at home or at work

They offer free advice and support, guides to use devices, training and resources and a free helpline for older people, disabled people as well as employers, education specialists and many others.

They also have a network of technology volunteers who can help you with technology problems using remote software or by visiting you at home.

You can request free IT support at home [using this form](#)

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Telephone: 0300 180 0028

Website: www.abilitynet.org.uk

Email: enquiries@abilitynet.org.uk

Website 2: <https://mcmw.abilitynet.org.uk/>

Twitter: <http://www.twitter.com/abilitynet>

Facebook: <http://www.facebook.com/abilitynet>

Cost: Free

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