The Bread and Butter Thing

The Bread and Butter Thing is an affordable mobile food club that runs across the UK. They offer low cost weekly shopping bags. It's cheaper than buying food in shops. The bags contain fruit and vegetables, fridge favourites and cupboard staples. It's free to become a member. They accept Healthy Start vouchers and vegetarian options are available.

The food bags change each day. this means you won't save the same amount of money each time. You will get new foods to try and the cost of the bag may be reduced if they have less food available.

Their North East locations include:

Newcastle

The Bread and Butter Thing (Byker)

The Bread and Butter Thing (Benwell)

Gateshead

The Bread and Butter Thing Deckham

North Tyneside

The Bread and Butter Thing Family Gateway

The Bread and Butter Thing Fordley

The Bread and Butter Thing Longbenton

The Bread and Butter Thing Shiremoor

The Bread and Butter Thing St Aidans

The Bread and Butter Thing Whitley Bay

Northumberland

The Bread and Butter Thing Stobhill

Sunderland

The Bread and Butter Thing – CHANCE

The Bread and Butter Thing – Easington Lane

The Bread and Butter Thing – Pennywell

The Bread and Butter Thing – Silksworth

The Bread and Butter Thing – Southwick

The Bread and Butter Thing – Washington

Durham

The Bread and Butter Thing Annfield Plain

The Bread and Butter Thing Blackhall

The Bread and Butter Thing Bowburn

The Bread and Butter Thing Cornforth

The Bread and Butter Thing Dawdon

The Bread and Butter Thing Dipton

The Bread and Butter Thing Eden Hill

The Bread and Butter Thing Gilesgate

The Bread and Butter Thing Haswell

The Bread and Butter Thing Junction 7

The Bread and Butter Thing Spennymoor

The Bread and Butter Thing Stanley

The Bread and Butter Thing St Andrews

The Bread and Butter Thing St Catherines

The Bread and Butter Thing The Hut

The Bread and Butter Thing Tow Law

The Bread and Butter Thing Wheatley Hill

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Website: https://www.breadandbutterthing.org/

Textphone: 07860 063304

Twitter: https://twitter.com/TeamTBBT

Youtube: https://www.youtube.com/channel/UCDQ_sVtXIFyhra9xkaWwcdQ

Opening Hours: Opening hours are different for each location.

Cost: There may be a cost to this service/support