

Healthier Together (North East and North Cumbria)

Healthier Together is an NHS website to clear and accurate advice on a range of common conditions for children and pregnant women

All the information on the website has been developed by NHS healthcare professionals and clinicians, to ensure they offer the best advice for parents, carers, young people and health professionals.

They also have a [healthier together App for mobiles available here](#)

The website is available UK wide and you can select your region

Last updated: June 25, 2025

Website: <https://www.healthiertogether.nhs.uk/>

Website 2: <https://nenc-healthiertogether.nhs.uk/>