InformationNOW
Information for people in Newcastle upon Tyne

The Wise Group

Wise Group can help you to get involved in your local community or you into employment. They offer practical help with finance and budgeting, employment support, learning new job skills, digital skills, wellbeing and relational mentoring.

Wise Group Relational Mentoring provides one-on-one support and activities to help barriers to employment. This includes:

- budgeting and money management skills
- employability skills, CV writing and interview preparation
- wellbeing and wellness support
- digital and I.T. skills

> The Wise Group Relational Mentoring is a holistic support service delivered by the Wise Group in collaboration with: Anxious Minds, Building Futures East, JET North, Justice Prince CIC, Meadow Well Connected, and Reviving the Heart of the West End.

Their Home Energy Advice Team (HEAT) offer personalised, free advice and practical solutions to help you take control of your home energy costs.

The Wise Group is a Good Things Foundation digital inclusion hub

Last updated: October 20, 2025

Telephone: 0191 242 4898

Telephone 2: 0800 092 9002

Telephone 2 note: HEAT (Home Energy Advice Team)

Website: http://thewisegroup.co.uk

Email: wisesteps@thewisegroup.co.uk

Website 2: https://www.heat-thewisegroup.co.uk/

Twitter: https://twitter.com/wisegroup_se

Facebook: https://www.facebook.com/thewisegroup.se/

Youtube: https://www.youtube.com/user/theWisegroupUK

Cost: Free

Address:
The Beacon
Westgate Rd
Newcastle Upon Tyne
NE4 9PQ

Related Articles

Looking for a job or work

Digital support